Welcome to Incoming Freshman Parent Night

Pleasant Grove High School
“Where Students Build A Foundation for the Future”
Opening Remarks

- Welcome Class of 2023!
  - Taigan Keplinger, Principal

PGHS Website: pghs.egusd.net
Tonight’s Program

- Advocacy
- Athletics
- Registration Dates and Times
- Grad Req/Four-Year Academic Plan
- UC A-G Requirements
- CaliforniaColleges.edu
- 9th Grade Course Selection/electives
- Extra-curricular Programs
- Academies and Specialized Programs
- Support Services

PGHS Website: pghs.egusd.net
The objectives of the Advocacy class are to:

- Provide opportunities for all students to make connections to their school
- Assist and guide students in their exploration of post-secondary college and career options
- Provide students with the knowledge, skills, and resources to track their individual academic progress.

PGHS Website: pghs.egusd.net
Athletics

Freshman Teams Offered:
• Football
• Baseball
• Boys’/Girls’ Basketball
• Girls’ Volleyball
• Softball

Frosh/Soph (JV) and Varsity teams:
• Girls’/Boys’ Basketball
• Cheerleading
• Cross Country
• Football
• Girls’/Boys’ Soccer
• Softball
• Swimming
• Track
• Boys’/Girls’ Volleyball
• Wrestling
• Baseball

Athletic Director: Bbelden@egusd.net (916) 686-0245
Athletics

Varsity teams only in the following sports:

- Boys Volleyball
- Girls’/Boys’ Golf
- Girls’/Boys’ Tennis

(Tryouts open to all grade levels.)

Athletic Director: Bbelden@egusd.net  (916) 686-0245
Practices begin:
Football – July 29, 2019
All other sports – August 5, 2019

**Fall Sports:**
- Cheerleading*
- Girls’ Tennis
- Cross Country
- Football
- Girls’ Golf
- Girls’ Volleyball

* Cheer Parent Meeting
  March 26th
  6:30 pm
  MP Room

**Cheer Clinic**
April 10th & 11th
5:00-8:30 pm
Small Gym

**Tryouts**
April 12th
Beginning 4:00-8:00 pm
Main Gym

Check online at pghsathletics.org
Athletic Requirements

- **Physical Exam** after May 1\(^{st}\) by an MD only
  - No physicals from Chiropractors or Nurse Practitioners

- **Medical Insurance** Required

- Clearance process completed ONLINE at [PGHSathletics.org](http://PGHSathletics.org) under “Athletic Clearance Information.”

- Required forms due to the Athletic Director – Hard copy of physical and confirmation email
  - Football – July 24, 2019
  - All other Fall Sports – July 31, 2019

Check online at pghsathletics.org
Incoming 9th grade Athletics Informational Meeting

- When: Thursday, May 9, 2019
- Where: PGHS MP Room
- Time: 6:00

If you have an interest in sports at PGHS, learn about our programs, meet coaches, get more detailed information.

pghsathletics.org
Introductions

• Teresa Schmutte – Department Chair
• Sandi Allen – Counselor
• Dawn Grovhoug - Counselor
• Todd Hirsch – Counselor
• Michele Jimenez Lundy – Counselor
• Petra Pohl – Counselor

PGHS Website: pghs.egusd.net
9th Grade Registration

Albiani Middle School Students

March 18th & 22nd
(During students’ 8th Grade Science Class)

New Student Enrollments

If you have any questions call the PGHS Counseling Dept. at
686-0233

PGHS Website: pghs.egusd.net
PLEASANT GROVE HIGH SCHOOL
FRESHMAN COURSE SELECTION WORKSHEET for 2019-2020

Student Name ___________________________ ID ______

Important: Enrollment in any course (core or elective) is considered a commitment on the part of the student and parent/guardian. Please select your courses carefully.

Directions: All students must select a total of 60 credits of courses in the Selected Course Request window and a minimum of 4 alternate elective requests. Yearlong courses are 10 credits and semester courses are 5 credits. Please note the meaning of various symbols next to courses in the legend. The athletic director and/or coaches will make athletic PE placements.

REQUIRED COURSES: The required English, Math, Science & PE courses are all yearlong.

<table>
<thead>
<tr>
<th>ENGLISH (Select one)</th>
<th>MATH (Select one)</th>
<th>SCIENCE</th>
<th>SCIENCE AG SCIENCE (Select one)</th>
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<tr>
<td>02150</td>
<td>English 1</td>
<td>02195</td>
<td>Mathematics I</td>
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<td>Mathematics II **</td>
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<td>02150</td>
<td>English 3</td>
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<td>Mathematics II Honors **</td>
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<td>English Learner Language Lab</td>
<td>02195</td>
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<tr>
<td>04010</td>
<td>Physical Education, Course I</td>
<td>04010</td>
<td>Social Science (Select one)</td>
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<tr>
<td>04010</td>
<td>Personal Education, Course I</td>
<td>04010</td>
<td>World Geography (Seminar)</td>
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ACADEMY/AVID STUDENTS: (Application required if not already enrolled in program)

<table>
<thead>
<tr>
<th>BIO-MEDICAL</th>
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<th>DIGITAL MEDIA</th>
<th>AVID</th>
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<tr>
<td>11110</td>
<td>Principals of Health Science</td>
<td>11000</td>
<td>CADD</td>
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<tr>
<td>09999</td>
<td>AVID</td>
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ELECTIVE COURSES:

PERFORMING ARTS (Yearlong)

| 05501 | Theatre 1 |
| 05501 | Drama Production I |
| 05501 | Drama Production II | **
| 05501 | Drama Production III |
| 05501 | Dance 1 |
| 05501 | Dance 2 |

VISUAL ARTS (Yearlong)

| 05100 | Art 1 |
| 05100 | Ceramics 1 |
| 05100 | Drawing 1 |
| 05100 | Painting I |
| 05100 | Photography |
| 05100 | Sculpture |

WORLD LANGUAGE (Yearlong)

| 05100 | Spanish 1 |
| 05100 | Spanish II |
| 05100 | Spanish III |
| 05100 | French 1 |
| 05100 | French II |
| 05100 | French III |
| 05100 | Japanese 1 |
| 05100 | Japanese II |
| 05100 | Japanese III |

YEARLONG ELECTIVES

| 11111 | Computer Technology |
| 11111 | Media Production |
| 11111 | Video Production |
| 11111 | Broadcast Production |

SEMESTER ELECTIVES

| 11111 | Computer Technology |
| 11111 | Media Production |
| 11111 | Video Production |
| 11111 | Broadcast Production |

ZERO PERIOD: To be considered for a zero period class, you MUST submit a zero period contract and the total number of Selected Course Requests must total to 70 credits.

AVAILABLE COURSES: (7:00 - 7:55 am)

| 05010 | Spanish 1 |
| 05010 | Spanish II |
| 05010 | Spanish III |
| 05010 | Jazz Band ** |

LEGEND: * Meets A-G Requirement * Application required ** Check pre-requisite Must submit AP Registration Form

CHECKLIST/REMINDERS/NOTES for FRESHMEN:

☐ Submit a completed zero period contract if planning to take a zero period class next year (Note: completing a contract does not guarantee enrollment in the course)

☐ Complete a summer school application if planning to enroll in summer school (Note: completing an application online through pghs.net, available in late April, does not guarantee enrollment in the course)

☐ The Course Request tab in StudentVue is open for incoming freshmen on March 22 - April 1, 2019
Counseling – Student Support Services

Ensuring That ALL Students Succeed
Student Support Services – Counseling

- 4 Year Academic/Career Planning
- Preparation for College Admissions
- College Admission Tests
- CaliforniaColleges.edu
- Scholarship and Financial Aid Assistance
- Personal/Social concerns
- Academic counseling

PGHS Website: pghs.egusd.net
Welcome

CaliforniaColleges.edu provides students with an all-inclusive guide for their college & career paths & enables educators to track their progress.
Some Highlites:

- Covers all post-secondary options for all students
- Online Portfolio to store all your information
- Apply directly to 2 and 4 year colleges
- Career research capabilities
- Search scholarships and financial aid
- And more....
Four Year Academic Plan

Checklist to Graduation
The purpose of this four-year plan is to assist with your long-range goals. A meeting with your school counselor each school year will assure that you are meeting all the graduation requirements for high school while working toward these goals.

Postsecondary Goal:  
- 4-year college/university  
- Community college/certification  
- Military  
- Community college/Transfer  
- Trade school  
- Science & Honors

College major:  
Career goal:  

Write in grades for the courses you have passed, as well as additional courses taken but not listed on this form.

Math/Science courses:
- 10/10  
- 40/20 *Math I is required for graduation

Write in the courses you plan to take in the future.

Credit Options:

Also, list any counselor-approved or college courses you have completed:
- World Language and/or Visual/Performing Arts

Check-off the graduation requirements as you complete them.

<table>
<thead>
<tr>
<th>Middle School</th>
<th>Grade</th>
<th>Freshman</th>
<th>Grade/ Credit</th>
<th>Sophomore</th>
<th>Grade/ Credit</th>
<th>Junior</th>
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<th>Senior</th>
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<td>Math</td>
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<td>English 9</td>
<td>English 10</td>
<td>English 11</td>
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<td>English 12</td>
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Technology proficiency:  
Speech proficiency:  

Four-Year Plan
Graduation Requirements

- English  40 Credits
- Mathematics / Science
  - 40 Credits Math / 20 Credits Science  OR
  - 30 Credits Math / 30 Credits Science
- Other Math Requirements
  - Must pass Math I
  - Must pass 10 credits in Senior Year

PGHS Website: pghs.egusd.net
Graduation Requirements cont.

- Social Science - 35 credits
  - World Geography - 5 credits
  - World History - 10 credits
  - US History - 10 credits
  - Econ/Govt - 5 credits each

- World Language / VAPA - 20 credits
  - 20 credits of same World Language OR
  - 10 credits World Language AND 10 credits VAPA

- Physical Education - 20 credits

- Health - 5 credits

PGHS Website: pghs.egusd.net
Graduation Requirements cont.

- Speech Proficiency
  - Speech approved demonstrations within various classes
- Technology Proficiency
  - Computer Tech Class OR Computer Aided Drafting & Design (CADD)

Other High School Graduation Requirements

- High School Portfolio
  - Students will receive guidance through their Advocacy and Senior English classes to complete their High School Portfolio.

PGHS Website: pghs.egusd.net
Minimum UC & CSU A-G REQUIREMENTS for Admissions Eligibility

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<tr>
<th></th>
<th>History/Social Science</th>
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<tr>
<td>A</td>
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<tr>
<th></th>
<th>English</th>
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<td>B</td>
<td>4 years required</td>
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<tr>
<th></th>
<th>Mathematics</th>
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<td>C</td>
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<td>D</td>
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<tr>
<td>E</td>
<td>2 years</td>
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<tr>
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<th>Visual &amp; Performing Arts</th>
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<td>1 year required</td>
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<th>College Preparatory Electives</th>
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<td>G</td>
<td>1 year required</td>
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*Must earn grades “C” of better in “a-g” coursework.*
Required Courses

9th Grade Course Selection
9th Grade Course Selection
Required Courses

English
- College Prep English 9
- Honors English 9

PGHS Website: pghs.egusd.net
9th Grade Course Selection
Required Courses

Math
- Math I
- Math II
- Math II H

PGHS Website: pghs.egusd.net
### Possible Math Pathways for PGHS Incoming Freshmen

<table>
<thead>
<tr>
<th>Current Math Course</th>
<th>Math 8</th>
<th>Math 1</th>
<th>Math 1</th>
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<tbody>
<tr>
<td>9th Grade</td>
<td>Math 1</td>
<td>Math 2</td>
<td>Hon Math 2</td>
</tr>
<tr>
<td>10th Grade</td>
<td>Math 2</td>
<td>Math 3</td>
<td>Hon Math 3</td>
</tr>
<tr>
<td>11th Grade</td>
<td>Math 3</td>
<td>Pre-Calculus</td>
<td>AP Calculus AB</td>
</tr>
<tr>
<td>12th Grade</td>
<td>Pre-Calculus</td>
<td>AP Calculus AB</td>
<td>AP Calculus BC</td>
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</tbody>
</table>
9th Grade Course Selection

Science

- General Science
- Biology
- Sustainable Agriculture and Biology (AG Pathway students)

PGHS Website: pghs.egusd.net
9th Grade Course Selection
Required Courses

Social Science
  ◦ World Geography (One Semester)

Health
  ◦ Health (One Semester)

PGHS Website: pghs.egusd.net
9th Grade Course Selection
Required Courses

Physical Education
- Physical Ed Course 1
- Physical Fitness Test

PGHS Website: pghs.egusd.net
9th grade students have room for only ONE elective choice.
Business and Technologies
  ◦ Computer Technology
Industrial Technologies
  ◦ CADD
    (Computer Aided Drafting and Design)

Both courses meet Tech Proficiency for graduation

PGHS Website: pghs.egusd.net
9th Grade Course Selection
Elective Courses

Social Science:

- Psychology I & II
- Sports Psychology
- You and the Law

PGHS Website: pghs.egusd.net
Performing Arts - Music:

Instrumentals
  ◦ Beginning Band
  ◦ Marching/Concert Band
  ◦ Guitar Workshop

PGHS Website: pghs.egusd.net
9th Grade Course Selection
Elective Courses

Dance
- Jazz Band, “0” period only
- Jazz Dance I

Drama
- Theater I
- Drama Productions (Stagecraft)

PGHS Website: pghs.egusd.net
9th Grade Course Selection
Elective Courses

Visual Arts:
- Art I
- Animation I
- Ceramics I
- Photo I

PGHS Website: pghs.egusd.net
World Language:

- French
- Japanese
- Spanish

PGHS Website: pghs.egusd.net
9th Grade Course Selection
Zero Period Courses

- Spanish 1
- Spanish 2
- Spanish 3
- Jazz Band
- AVID 9
- Physical Ed Course 1

*Students must complete a PGHS Permission Contract as a part of their commitment to take a zero period course. Request for zero period enrollment is not a guarantee. Pending available space.

PGHS Website: pghs.egusd.net
Extra-Curricular Activities

9th Grade Course Selection
Extra-curricular Programs Activities

Programs Available for all Students:

- Clubs
- Link Crew
- Academic Competitions
- Conflict Mediation
- Student Government and Leadership

PGHS Website: www.pghs.egusd.net
Leadership

- Leadership
  - Applications handed out at the Welcome Assembly on April 15, 2019
    - During the school day. **Incoming freshmen will come over with their classes from Albiani**
  - Interviews conducted in May
  - Jeff Platt – Leadership Teacher

*Note: Recommend starting Leadership in 10th grade*
Academies and Specialized Programs

Personalizing Education for Unique Interests
Academies and Specialized Programs
Agricultural Sciences Program

- Freshmen - Biology and Sustainable Agriculture
- Sophomore – Chemistry and AgriScience
- Junior – Advanced Interdisciplinary Science for Sustainable Agriculture

Advanced Courses (Jr/Sr)
- Animal Anatomy & Physiology (10th-12th)
- Veterinary Science
- Floral Design (10th – 12th)
- Ornamental Horticulture
- Economics in Agriculture (12th)
- Agricultural Leadership (10th – 12th)

Dept Chair jforster@egusd.net Jessica Forster
Program Description:
• Explore medical health careers and employ biotechnological lab skills.

Biomedical Science Curriculum:
• Principles of Biomedical Science (9th)
• Human Body Systems (10th)
• Medical Interventions (11th)
• Biomedical Innovation (12th)

Coordinator BioMedical  PCochon@egusd.net  Jay Cochon
provides industry standard training to students in the fields of Animation and Video Production & Broadcasting.

Course Offerings include:
- 9th Animation 1 (DMA)
- 10th Digital Media Arts 1
- 11th Digital Media Arts 2
  Or Animation 2
- 12th Advanced Media Production-CTE

DMA Coordinator  Knorswor@egusd.net Kristina Norsworthy
A pre-engineering academy that teaches technical, problem solving, and design skills. Project based and includes topics such as CADD, Electricity, Woodworking, Pneumatics, Robotics, Renewable energy and Architecture.

Course Offerings in this academy include:

- 9th CADD
- 10th Principles of Engineering A or Mechatronics
- 11th Design and Implementation
- 12th Principles of Engineering B

IDEA Coordinator  rmhunter@egusd.net  Rebecca Hunter
Need additional Information???

- PTSO – Parent/Teacher/Student Organization
- AG Program
- IDEA
- Digital Media Academy
- Bio-medical Academy
Thank you for attending tonight's program!

PGHS Website: pghs.egusd.net